



Light of Life



VOLUME 16 ISSUE 7

NOVEMBER 2016

FR. PETER DAY—PROISTAMENOS

Priest's Message

A Song of Ascents. Behold, how good and pleasant it is when brothers dwell in unity! 2 It is like the precious oil upon the head, running down upon the beard, upon the beard of Aaron, running down on the collar of his robes! 3 It is like the dew of Hermon, which falls on the mountains of Zion! For there the LORD has commanded the blessing, life for evermore. - Psalm 133:1-3

Dear Brothers and Sisters in Christ,

It is harvest time and we have been blessed by God's plentiful gifts bestowed upon the workers in His vineyard. We want to thank all, past and present, who have worked so diligently for the parish of Holy Trinity, and to express our gratitude and our love to all of you.

Summer time has long faded away and festival time is over. It is hard work putting the festival together as you all know; however, the church community has a great time bonding with one another each year at this time. Sadly, with many of us, this happens only once a year at festival time. Our church and community are somewhat diminished and less vibrant as a result. Fall is here and we are not that far away from the holidays. It is a wonderful time to partake in worship in the Divine Liturgy and to enjoy the fellowship that church life offers. What a great sight it would be to see all of us filling the church and fellow-

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2016 Fall Retreat
November 18-20, 2016
St. Methodios Faith
and Heritage Center

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Food for fellowship time
 after church
 November

- 6.....
 13...Dustin/ Reuion Sunday
 20.....Retreat
 27.....

*If you wish to host a
 memorial or sponsor food
 for after church fellowship
 please sign up.*

BULLETIN OF THE
 PARISH OF THE
 HOLY TRINITY
 GREEK ORTHODOX CHURCH

November
 2016



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See us on the web at
holytrinity.me.goarch.org

Church News

Let the season begin. We
 have made it to Novem-
 ber. *The time of Holiday, fam-
 ily, food and friends.* Please read
 through the exciting things that
 are happening at your home-
 Holy Trinity. Come to the retreat,
 the Reunion Sunday, and every
 Sunday to worship with the sera-
 phim and cherubim in His house.

**Ever wonder what it takes
 to make your life a success?
 Consider this...**

If you were a youngster sent
 by your family to America from a
 foreign country, knowing absolutely
 no words in English, having only
 fifty cents in your pocket and
 wearing home-sewn, well-worn,
 hand-me-down clothes, what
 chance would you have to become a
 respected entrepreneur in a strange
 land? Where would you start?
 What if the only talent you had
 was working as a farm hand in the
 country from which you came? Your
 education was mostly the result of
 limited home schooling. The only
 things you knew about America
 came from letters written by remote
 family members who had departed
 from the homeland years ago. And
 most of what was told to you was



CHRISTOS KARAYIANNES:
 LIVING THE AMERICAN DREAM

AS TOLD TO PETER MARS
 IN THE SUMMER OF 2016

Committees

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 (784-7107) Other Members: Ann Pelletier, Rosemary Goranites,
 Deserée Tanquay, and John Rozos.

You have church News:

**Send your text, your pictures,
 your inspirations, whatever it is,
 send it to:**

HTrinnews@gwi.net

continued on pg.4

Church News

Continued from pg. 3

an inaccurate view that seemed more a fable than the truth. After all, your childhood experiences would never allow you to imagine a world much different from the one in which you grew up.

The personal chronicle of Christos Karayiannes has been captured in the pages of a book he authorized and requested to be made available to the public. After numerous people he met over the years suggested that his story was not only fascinating but encouraging to people who wonder how anyone could amass such wealth under such strict limitations, Christos agreed to release some of his memoirs.

Christos Karayiannes: Living the American Dream is available in a pocket-size version for \$12.95 and in a larger print edition for \$15.95. If you would like to purchase a copy, please speak to Christos. A part of the proceeds will be donated to Holy Trinity Greek Orthodox Church.

From Peter and Margery . . .

During this time of sorrow we have learned how much our family, church family and friends mean to us. Thank you so much for your kindnesses and sympathy at a time when it is much needed and deeply appreciated. We know that only time will take us from the valley of sorrow to the still waters of comfort and peace.

A classmate of mine from high school shared in her letter of condolence to us the following story that her Rabbi had told her. "There was a woman

who had to tell her mother that her other child, fifty years old, had died. And her mother said to her, If God had come to me fifty years ago and told me that I would have a child to love and to treasure but that my time with my child would last fifty years, I would have taken it." This is exactly how we feel about the gift of our beloved David to us. We are grateful for the years that we cherish in memory now, with the blessed assurance that in a few tomorrows we will be together again.



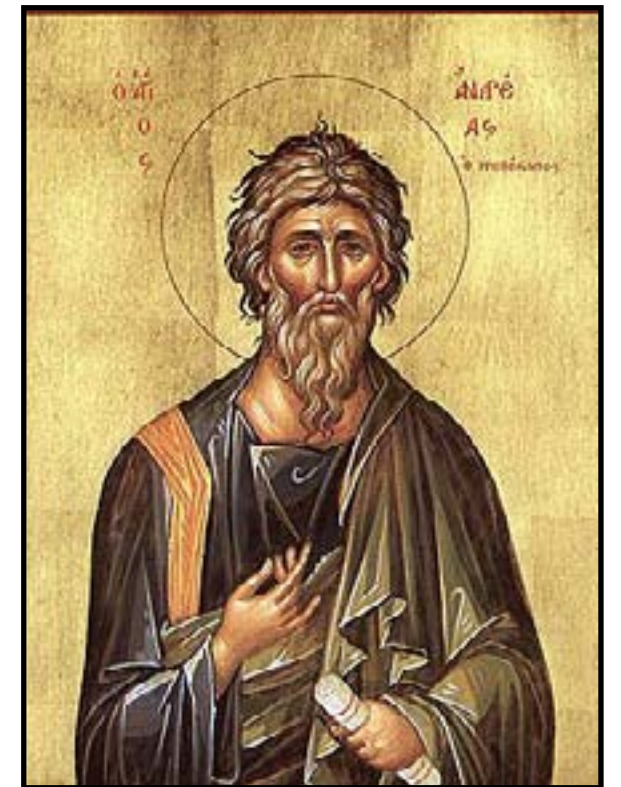
As the first to be called by Jesus Christ into his service, St. Andrew commands a reverence a degree greater than those who have followed. For this reason, St. Andrew is called Protokletos, or "First-called."

St. Andrew, like his brother St. Peter, was a fisherman, a toiler with net and boat recognized in the Psalms of the Old Testament as one of those "who go down to the sea in ships, that do business in great waters; these see the works of the Lord and his wonders in the deep." His love of the sea stemmed from his love of the Creator who made it, and the perils of the sea which he challenged daily forged the character with which he boldly assailed the seas of ignorance and paganism in the sacred trust that had been placed in his keeping.

St. Andrew, who lived in the Holy Land in the ancient city of Bethsaida, accepted Christ with all his heart and after a discipleship with St. John the Baptist went forth to become one of the greatest missionaries in all history. When the apostles drew lots to determine their sphere of labour for the Saviour, St. Andrew exulted in his mission to preach in Asia Minor, part of Greece, and an area along the coast of the Black Sea, including its gateway, the city now known as Istanbul, or Constantinople.

Wherever St. Andrew went he attracted throngs of people who thirsted for a spiritual knowledge. His message of deliverance was so eloquently convincing, even to hostile minds, that he is credited with having converted countless thousands to Christianity in a day when mass media did not exist. As an apostle, his only tools were his power of oratory and his love for

St. Andrew the Apostle
the First Called
November 30



Jesus, and his only press agent was the word of mouth of those privileged to hear his homilies.

St. Andrew came to Jerusalem for the First Synod of the Apostles, about 50 AD, another historic first for him and the other apostles, some of whom he had not yet met. There he rejoiced in joining the great St. Peter together with those but for whom Christianity might never have become the glorious human experience it is today. Out of the Synod, the apostles went forth with renewed vigour to establish the ecclesiastical system.

St. Andrew alone is credited with having set up parishes throughout Asia Minor, in Pontos, Bithynia, Thrace, Macedonia, Greece, Scythia (Russia, where he is still regarded as patron saint) and in the capital city of Byzantium. It

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Priest's Message

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ship hall during this wondrous season.

To those whom we don't see very often, please accept this as an invitation to join us once again in being an active member of the Holy Trinity Greek Orthodox Community. We love you and miss you! Please join us in worship and fellowship on November 13, 2016 for *Reunion Sunday*. We look forward to seeing all of us together to share in the blessings of our Lord's vineyard. With love in Christ from all the parishioners of Holy Trinity! In His service,



Fr. Peter A. Day,
Proistamenos



St. Andrew from pg. 5

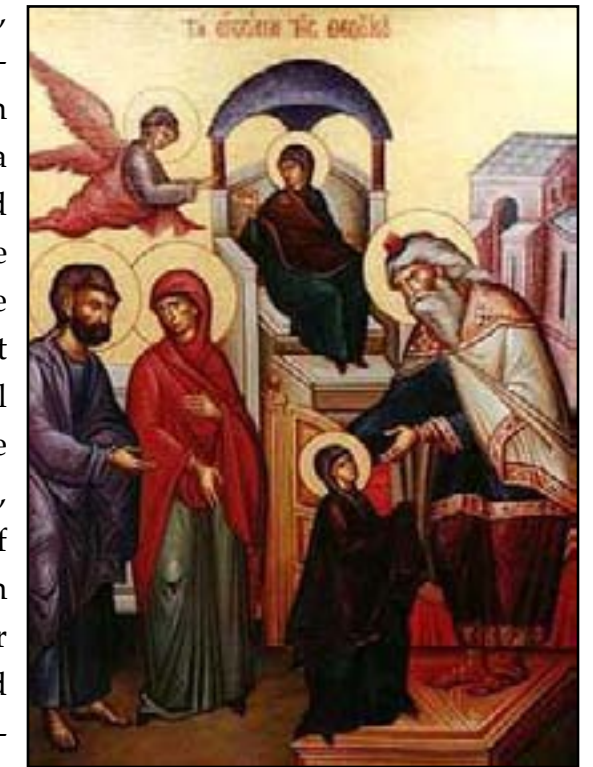
was in Byzantium that St. Andrew ordained Stachys as first bishop of Byzantium (later Constantinople), thereby establishing an unbroken line of 270 patriarchs down to the present day Patriarch Bartholomeos 1st. From Byzantium, St. Andrew went on to more glory through his compelling oratory and power of healing through Jesus Christ. He eventually found himself in Achaia, in the city of Patras, where he was to suffer death.

St. Andrew committed the grave crime in the eyes of the

state of converting Maximilla, wife of the ruler Aigeates, to Christianity. Despite the fact that he was then eighty years old, it was ordered that he be put to death by being nailed upside down to an X-shaped cross. After three days of agony on this vile device, St. Andrew died. The great fisherman had cast his net for Christ for the last time. St. Andrew's remains were brought to Constantinople two hundred years later and in 1460 his head was given to the pope. On 24 September 1964, in an ecumenical gesture, the head was returned to the people of Patras by the pope.



Presentation of the Theotokos
November 21



It stands to reason that Almighty God's selection of the Virgin Mary to be the Mother of God was not a random selection. In his wisdom, God selected not from the nobility but from the humble, thoroughly devout, daughter of equally devout parents whose names were Joachim and Anna. Tradition has it that Anna, childless for many years, reached a point in her life when just short of despair she prayed in earnest that God grant her a child with a promise that should her wish be fulfilled she would pledge the child to his holy Temple. It did not matter to Anna that the child granted her by God was a girl and, faithful to her word, she presented her daughter, given the name of Mary, to the holy Temple at the age of three, on the 21st of November. She remained in the house of God for twelve years, emerging at the age of fifteen with a purity and wholesomeness found in no other creature of God. By the time she had been released to her parents, the saintly Mary was not only a flawless maiden but in her twelve years had acquired the lore and religion of the deepest scholars, something usually denied a female child of those days. So much has been written of the Lord's mother that the concern here is for a glimpse into her life as a human being. The Virgin Mary is looked upon by Orthodoxy as "Panagia," which translates into the all-encompassing saint. Greek Orthodox Christians need but one name and that name is "Panagia," carrying the full impact on the Christian faith as no other name can regardless of the language. The beginnings of Christianity were not the scattered remnants that somehow merged into a smattering, of ideologies. By divine intent the great religion of Christ stemmed from a tight circle which spread itself out as the greatest of human experiences.

To begin with, the high priest entrusted with the care of Mary was Zacharias, who in turn was the father of St. John the Baptist, referred to as the prefiguration of the Messiah and the man who was to baptize

Jesus Christ. Yet in her teens the Virgin Mary, in a story that cannot be told often enough, was visited by the Archangel Gabriel, sent by the Almighty himself to be told that she, a wisp of a girl, mortal but blessed, was to become the mother of the Son of God. There is every reason to believe that as electrifying as the news was, she received it with both joy and complete serenity. Being elected "Queen of May" can excite a girl but to be "Queen of the Universe" must have been an anticipation not of excitement but the sublimest of joy, human or otherwise. It follows that both Joachim and Anna, as the grandparents so to speak, of the Son of God, are also venerated as

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Presentaion of... from pg. 7

saints of the Church, so much so that they are also known as the "Patron Saints of Pious Education," principally because of the twelve year course of study of religion of their daughter Mary. The Christian can make his own choice of his favorite among the four days of the year that are feast days of the Virgin Mary. These are the Birth of the Blessed Virgin Mary on September 8, the Presentation of the Virgin Mary on November 21, the Annunciation of the Virgin Mary on March 25, and the Dormition of the Virgin Mary on August 15.

On the calendar of the Church, all four of these days are of equal importance. The world sees the Virgin Mary much as Michelangelo did when he carved out his famous Ficta in which a youthful looking Mary is holding the lifeless body of her crucified Son. Nowhere is she seen as an old woman, at least not at the age of a woman who is the mother of a thirty-three year old son. Among the Holy Land's most sacred shrines is the one at the base of the Garden of Gethsemane, the site of the agony of Christ. This shrine is dedicated to the Virgin Mary and her parents.

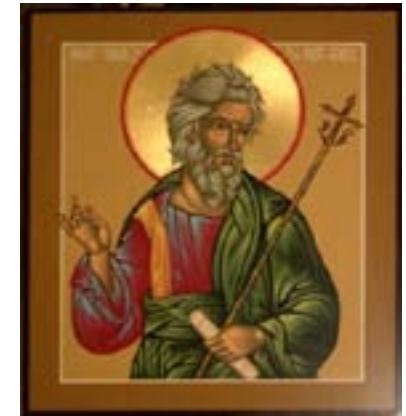
After a descent down a cement stairway of about fifty steps, the tomb of Joachim is on the left and on the right of the tomb of his wife Anna. Some fifty steps below this is the empty tomb of the Virgin Mary since, like the Son of God, she ascended into heaven. Stories abound about the Virgin Mary but the truthful one that clings and shall do so forever is that in being the mother of the Son of God, she is the mother of the world. For this reason November 21 is one of Christianity's holiest feast days.



Vespers of St. Andrew
the First-Called
Holy Trinity
Greek Orthodox Church

Tuesday, November 29, 2016

6:30 PM

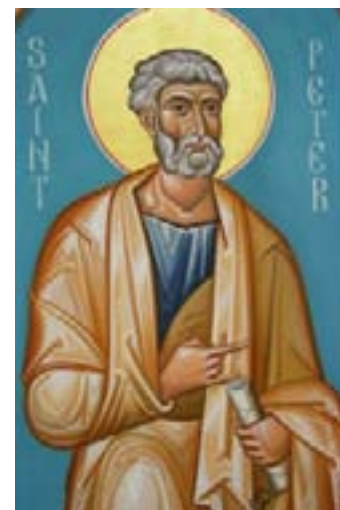


St. Andrew the First-Called
Feast Day November 30

Please join us as we celebrate the Vesper Service of St. Andrew, the First Called Apostle to the Lord, on the eve of the Feast Day of the First Bishop of Byzantium. The service will include an Artoklasia, the Blessing of the Five Loaves, followed by refreshments.

We will be joined by special guests, the Parishioners of Prince of Peace Parish, together in Christian harmony to commemorate each other's founding Bishop.

We will be joined by special guests, the Parishioners of Prince of Peace Parish, together in Christian harmony to commemorate each other's founding Bishop.



St. Peter, Bishop of Rome
Feast Day June 29



Follow me, and I will make you fishers of men.

Holy Trinity Greek Orthodox Church
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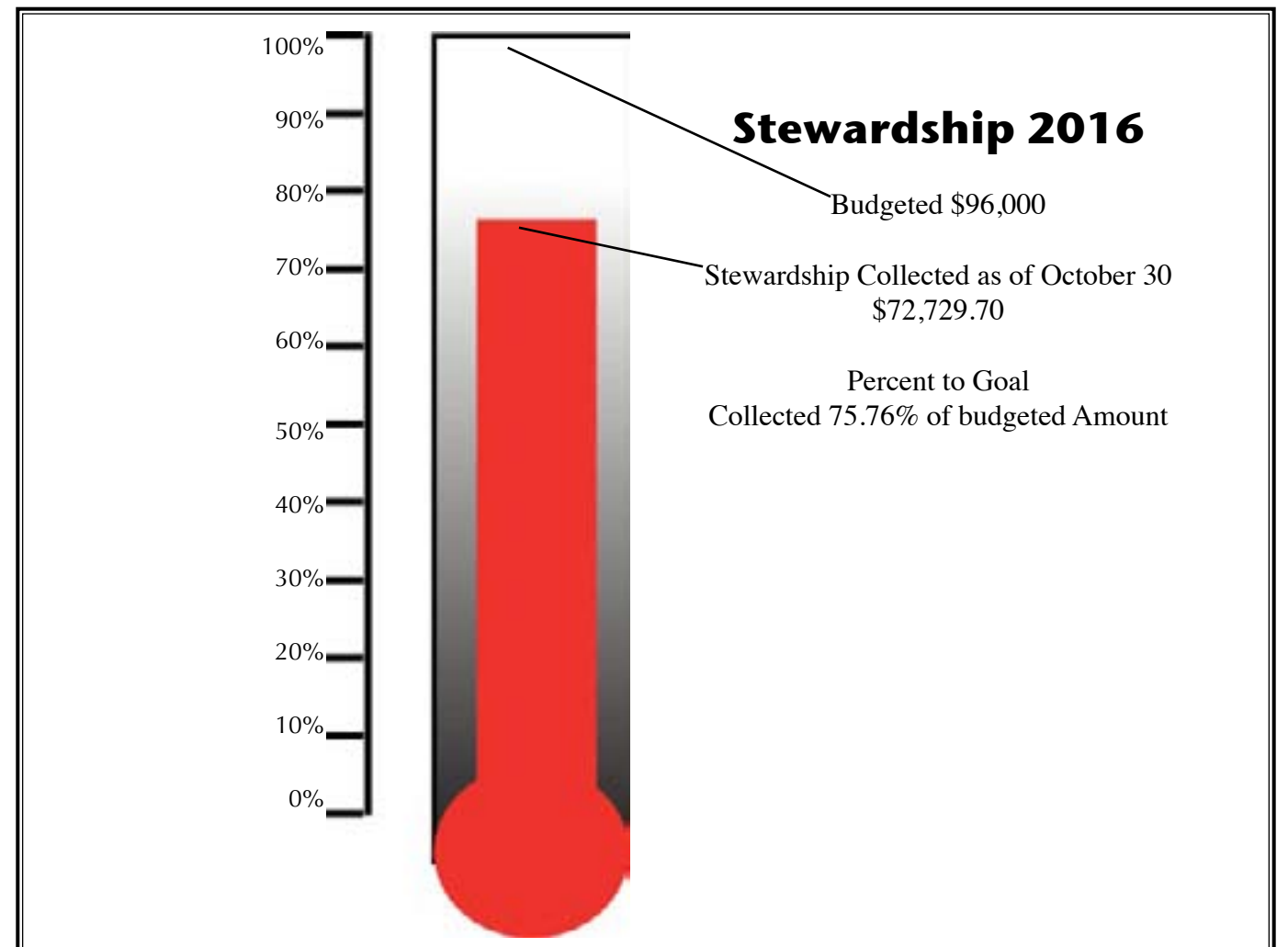
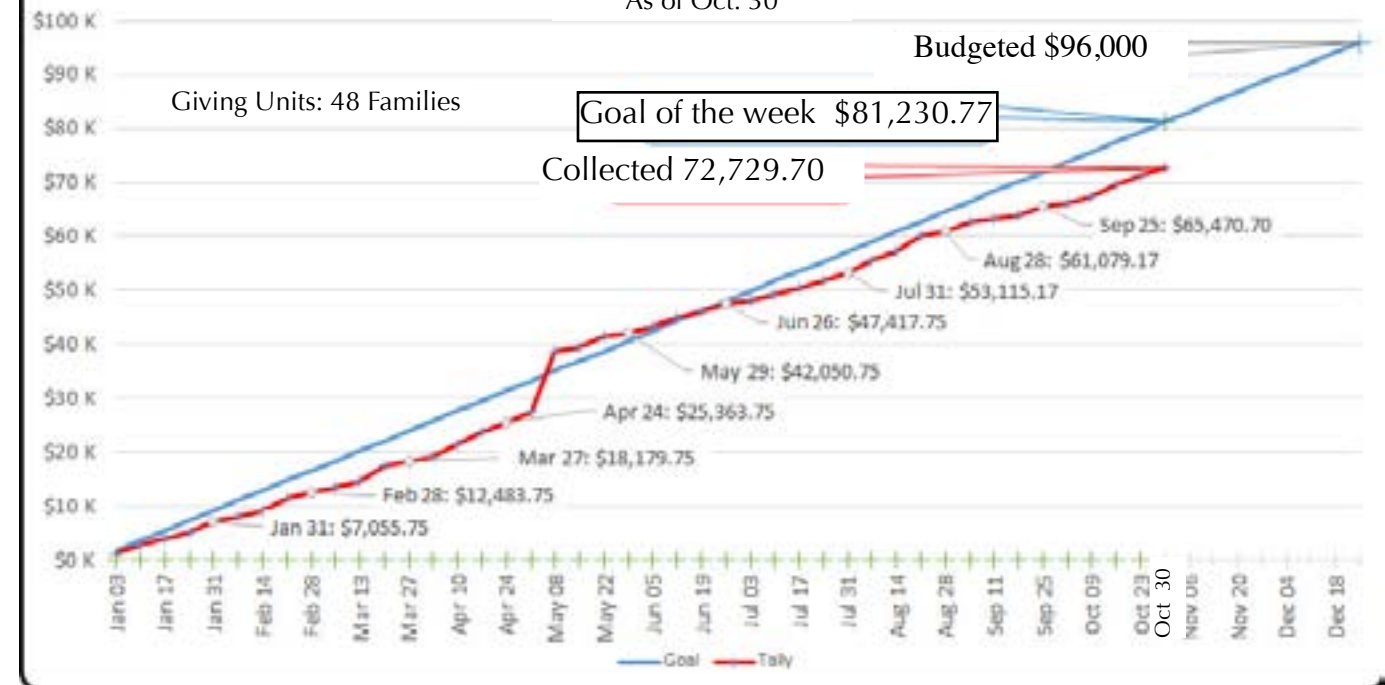
ORDER Deadline: November 16, 2016

1. **Baklava:** *The aristocrat of pastry desserts.* Buttered, paper-thin filo dough layered with a filling of spices and finely chopped walnuts, baked until crisp and golden. While warm, the pastry is covered with honey syrup. **\$2.00 Each**
 2. **Finikia:** Cake-like cookies baked to a rich brown, moist and fragrant with spices, dipped in honey syrup and sprinkled with chopped nuts. **\$1.00 Each**
 3. **Flogeres:** An Athenian delight. Made with walnuts wrapped in filo dough, then dipped in honey syrup and finished with a delicate chocolate garnish. **\$1.50 Each**
 4. **Kourabiedes:** Exquisite cookies, similar to shortbread. Made with sweet butter, baked until golden brown and blanketed with powdered sugar. **\$1.25 Each**
 5. **Kataifi:** Shredded filo dough filled with nuts and cinnamon, baked to a golden brown and dipped in honey syrup. A delightfully different dessert. **\$2.50 Each**
 6. **Tiropitas:** Crispy cheese triangles made with feta and other white cheeses, eggs and buttered filo dough. Frozen for your convenience. Simply bake and serve. A superb and most unusual hors d'oeuvre. **Tray of eight \$6.00**
 7. **Spanakopitas:** Delicious triangles of spinach, feta, and other white cheeses in buttered filo dough. Frozen for your convenience. Simply bake and serve. Perfect as an appetizer. **Tray of eight \$6.00**
- New**
8. **Mamoul:** Not-too-Sweet shortbread-like cookies pressed from a decorative wooden mold, stuffed with walnuts and cinnamon, then sprinkled with sugar. Uniquely delicious! **\$1.50 each**
- Best Value**
9. **Gift Box:** 14-piece pastry assortment, packaged in a box suitable for giving. Contains 4 Baklava, 2 Flogeres, 2 Kataifi, 3 Kourabiedes, 3 Finikia. **\$22.00**
 10. **Tsourekia:** Braided aromatic sweet bread baked to perfection and covered with sesame seeds. Delicious toasted with your morning coffee! **Loaf \$7.00 Each**

Please pick up orders on Saturday, November 21 ~ 9:30 a.m. - 2:30 p.m.
Holy Trinity Greek Church, 155 Hogan Rd., Lewiston, ME

Stewardship 2016

As of Oct. 30



M E M O R I A L S



In Memory of
**Theodore &
Elizabeth Kleros**
May their memories be eternal

In Memory of
**Ervin & Virginia
Pelletier**
May their memories be eternal



In Memory of
**Mary
Samson**
May her memory be eternal

In Memory of
**James & Mary
Goranites**
May their memories be eternal



In Memory of
**John
Margarones**
May his memory be eternal

In Memory of
**Spiro & Antigone
Bournakel**
May their memories be eternal



In Memory of
**Anthe
James**
May her memory be eternal

In Memory of
Charles Bournakel
May his memory be eternal



In Memory of
**Georgia
Taxiarchis**
May her memory be eternal

In Memory of
**Nicholas
& Evridice
Merkouris**
May their memories



M E M O R I A L S

In Memory of
Michel Prouchinsky
May his memory be eternal



In Memory of
Sophia Amfilio
May her memory be eternal



In Memory of
Lewis Kesaris
May his memory be eternal



In Memory of
**Steve &
Loretta
Karvelas**
May their memories be eternal



In Memory of
**Spero & Jennie
Vlacheas**
May their memories be eternal



In Memory of
Aliki Karagiannes
May her memory be eternal



Memorials

If you wish to have a memorial in the bulletin, please see D. LeGlohec or eMail to: HTTrinnews@gwi.net. Listed below is the name and the last bulletin.

- Amfilio..... 12/2017
- S. & A Bournakel..... 10/2017
- GoranitesPerpetual
- JamesPerpetual
- Kargiannes 12/2016
- Karvelas 12/2016
- KesarisPerpetual
- Kleros.....Perpetual
- Margarones.....Perpetual
- Merkouis.....Perpetual
- Pelletier.....Perpetual
- Prouchinsky 12/2016
- SamsonPerpetual
- Taxiarchis.....Perpetual
- Vlacheas (2) 12/2016

Memorials

Cost in the Bulletin
2 Months.....\$20.00
1 Year\$110.00
Perpetual
(No Expiration)\$1000.00



If you need *Koliva* (wheat) for a memorial, please contact the Ladies Society who will prepare it. There is no cost

Saint Nektarius was born in Selyvria of Thrace on October 1, 1846. After putting himself through school in Constantinople with much hard labour, he became a monk on Chios in 1876, receiving the monastic name of Lazarus; because of his virtue, a year later he was ordained deacon, receiving the new name of Nektarius. Under the patronage of Patriarch Sophronius of Alexandria, Nektarius went to Athens to study in 1882; completing his theological studies in 1885, he went to Alexandria, where Patriarch Sophronius ordained him priest on March 23, 1886 in the Cathedral of Saint Sabbas, and in August of the same year, in the Church of Saint Nicholas in Cairo, made him Archimandrite. Archimandrite Nektarius showed much zeal both for preaching the word of God, and for the beauty of God's house. He greatly beautified the Church of Saint Nicholas in Cairo, and years later, when Nektarius was in Athens, Saint Nicholas appeared to him in a dream, embracing him and telling him he was going to exalt him very high.

On January 15, 1889, in the same Church of Saint Nicholas, Nektarius was consecrated Metropolitan of the Pentapolis in eastern Libya, which was under the jurisdiction of Alexandria. Although Nektarius' swift ascent through the degrees of ecclesiastical office did not affect his modesty and childlike innocence, it aroused the envy of lesser men, who convinced the elderly Sophronius that Nektarius had it in his heart to become Patriarch. Since the people loved Nektarius, the Patriarch was troubled by the slanders. On May 3, 1890, Sophronius relieved Metropolitan Nektarius of his duties; in July of the same year, he commanded Nektarius to leave Egypt.

Without seeking to avenge or even to defend himself, the innocent Metropolitan left for Athens, where he found that accusations of immorality had arrived before him. Because his good name had been soiled,

Nektarius the Wonderworker, Metropolitan of Pentapolis November 9



he was unable to find a position worthy of a bishop, and in February of 1891 accepted the position of provincial preacher in Euboia; then, in 1894, he was appointed dean of the Rizarios Ecclesiastical School in Athens. Through his eloquent sermons his unwearied labours to educate fitting men for the priesthood, his generous alms deeds despite his own poverty, and the holiness, meekness, and fatherly love that were manifest in him, he became a shining light and a spiritual guide to many. At the request of certain pious women, in 1904 he began the building of his convent of the Holy Trinity on the island of Aegina while yet dean

continued on pg. 15

November

SUN	MON	TUES	WED	THURS	FRI	SAT
		1	2	3	4	5
6 7 th Sunday of Luke Orthros 9:00 AM Liturgy 10:00 AM	7	8 Nectarios the Wonderworker Liturgy 6:30 PM	9	10	11 VETERANS	12 Baptism of John Johnson 11:00 AM
13 8 th Sunday of Luke Orthros 9:00 AM Liturgy 10:00 AM	14	15 Holy Unction Liturgy 6:30 PM	16	17	Retreat in New Hampshire	
20 9 th Sunday of Luke Orthros 9:00 AM Liturgy 10:00 AM	21 Entrance of the Theotokos 8/9:00AM Liturgy Parish Council 6:30 PM	22	23	24 	25	26
27 13 th Sunday of Luke Orthros 9:00 AM Liturgy 10:00 AM	28	29 Andrew: The First Called Apostle Liturgy 6:30 PM	30 Andrew: The First Called Apostle Liturgy 9:00 AM			

of the Rizarios School. In 1908, where he spent the last years of his life, devoting himself to the direction of his convent and to very intense prayer; he was sometimes seen lifted above the ground while rapt in prayer. Although he had already worked wonders in life, an innumerable multitude of miracles have been wrought after his repose in 1920 through his holy relics, which for many years remained incorrupt. There is hardly a malady that has not been cured through his prayers; but Saint Nektarius is especially renowned for his healings of cancer for sufferers in all parts of the world.





Reunion Sunday
November 13, 2016
Join us for worship and fellowship!



Orthros 9:00 AM - our Spiritual appetizer

Divine Liturgy 10:00 AM – our Spiritual union with Christ

Pizza Luncheon Fellowship after Liturgy – our social reunion

Bring a friend that we have missed and we have not seen for a while.

2016 Fall Retreat
November 18-20, 2016
St. Methodios Faith
and Heritage Center

329 Camp Merrimac Road
Contoocook, NH 03229



Our Family Retreat this year will be with the parish of St. Gregory the Theologian, Mansfield, MA. Suggested donation: *(includes one room, meals, and activities)*

\$100 per adult \$50 per child, under 16

Contact: Ann Robinson for more information. Fr. Peter if there is financial assistance needed.

FROM:
HOLY TRINITY GREEK ORTHODOX CHURCH
P.O. Box 1344 155 HOGAN ROAD
LEWISTON, ME 04243-1344



To: